

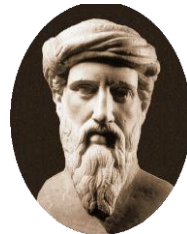
PYTHAGORAS GREEK SCHOOL

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Newsletter

‘Τα λέμε’

July / August 2019

Mediterranean Diet

Over the last month students from Years 3 to Year 9 have all been focusing on the theme of Greek Food and the Mediterranean diet. They have enjoyed writing recipes, producing videos showing how Greek dishes are made and even making and eating souvlakia at school. Thank you to Ms Eleni at South Melbourne and Ms Anastasia at Preston for preparing and feeding us those wonderful, tasty and garlicky souvlakia.



The Virgin Mary's Death

The Virgin Mary who mothered and nurtured our Christ is considered the holiest of all our church saints. A traditional story that has been passed down, states that when the Virgin Mary was dying, the apostles were far away spreading the gospel. At the hour of her death, bright white clouds engulfed the apostles and transported them to the bedside of the Virgin Mary. When she saw them for the last time she drew her final

breath and then died. The apostles buried her in a tomb in Gethsemane. When they went to the tomb three days later to pray, they found the tomb empty.



The Church commemorates her death every year on the 15th of August and Orthodox Christians prepare and honour her memory by fasting for 15 days.

At Pythagoras Greek School the students and staff celebrating their names days in July and August helped light the vigil lamp to commemorate the Dormition of the Theotokos. They also led the assembly in prayer. We wish all those who celebrated their nameday "ΧΡΟΝΙΑ ΠΟΛΛΑ!"



Staffing

Over the last two months several of our staff took leave from the Greek School to travel to Greece. I would like to take this opportunity to thank Mrs Koula, Mrs Tas and Mrs Maro for showing flexibility and understanding in taking extra or combined classes. Thank you to the emergency staff, Mrs Iliana, Mrs Mary, Mr Konstantinos and Mrs Effie who assisted in taking short term placements. Particularly, I would also like to thank Mrs Toula, a grandmother of one of our students, seen here below, for volunteering her time to help in the Prep to 2 class at our South Melbourne Campus.



Saint Cosmas the Aetolian

On the 24th of August the Church commemorates the death of Saint Cosmas the Aetolian, who is also the patron saint of schools. Cosmas the Aetolian was a monk who spent his entire life preaching and educating the enslaved, rural populations of Greece during the 1700's. He also helped build hundreds of schools in the areas he visited. On the 24th of August in 1779 he was martyred by the Turks as they hung him on a tree. His message and teachings however had awoken the minds and had touched the hearts of the enslaved Greek people.



